

Linda Montignani



512-829-1188 (text only)
lindamon108@gmail.com
aardvarkstudio.com

Art for me usually ranges from colorful abstractions of landscape to more surreal and mystical paintings. My process of working takes the form of a pendulum at times. It swings back and forth between the study of Nature, Her color and composition, and intuitive expression from within myself, which sometimes takes a more mystical form.

Having practiced meditation for more than half my life, when I immerse myself in the creation of art, it also becomes a process of meditation. When working in silence and connecting with that deepest part of myself, whether working from memory or allowing images to arise as they will, diverse and surprising compositions result.

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info@beecavearts.org 512-522-9467

The Hive: [12700 Hill Country Blvd Suite T125](https://www.google.com/maps/place/12700+Hill+Country+Blvd+Suite+T125,+Bee+Cave,+TX+78738) Bee Cave, TX 78738